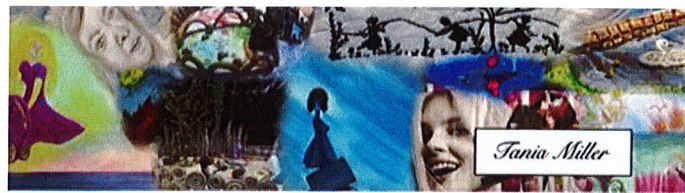


## Fees:

Intake & assessment appointments (face to face or via Skype)	\$55
Supervised contact visits—2 hours (at the Contact Centre)	\$200
Counselling / support for parents (1 hour—phone or Skype)	\$55
Short consultation for parents (15 minutes— phone or Skype)	FREE
Centre orientation appointments (at the Contact Centre)	FREE
Supervised visit Observation Report (available by subpoena only)	\$25
<b><u>THERAPEUTIC CONTACT SESSION COSTS:</u></b>	
Initial Session & Individualised Program (2 hours— at the Contact Centre)	\$150
OPTION 1 = <u>1 hour</u> (face to face) Ongoing contact sessions with Tania Miller	\$150
OPTION 2 = <u>2 hours</u> (face to face) Ongoing contact sessions with Therapy Asst.	\$200
ADDRESS CHILD REFUSAL = <u>1 hour</u> (4 x 1-to-1 sessions with Tania, \$120 each)	\$120/hr
Therapeutic Contact Session Report (optional)	\$300



## Contact:

### Intake & assessment or counselling/support

JOHN ph. 0458 427 320

email [newcreativedirections@gmail.com](mailto:newcreativedirections@gmail.com)

### Qualifications and experience:

Bachelor of Social Science; majoring in  
Counselling & Mediation; 17 years' experience  
working with separated families.

### Therapeutic assessment & planning

TANIA MILLER ph. 0408 975 166

email [recreatearttherapy@gmail.com](mailto:recreatearttherapy@gmail.com)

### Qualifications and experience:

Diploma of Visual Arts; Bachelor of Social  
Welfare; Masters of Mental Health; Cert IV in  
Alcohol & Other Drugs; Youth with complex  
needs; Community reconciliation; Recovery  
from addiction; Facilitating parenting groups.

[www.taniamiller.com.au](http://www.taniamiller.com.au)

### Orientation and

### EMERGENCY CONTACT with the centre.

TANIA MILLER ph. 0408 975 166

## ReCreate Art Therapy



## ReConnect Children's Contact Service

Combining supervised family contact  
services with professional art-based  
therapeutic intervention to  
help families really reconnect.



DRAWING by 7 year old ReConnect client



IN SPONSORSHIP WITH





## ReCreate Art Therapy's

### **ReConnect Children's Contact Service**

provides supervised visits to assist children from separated families spend time with their parents in a friendly, **safe, creative** and **healing** space.

**ReConnect** believes that children do best in life when supported by both parents, and extended family, working together to support their children to be the best people they can be.

**ReConnect** understands that children need a grounding within their family of origin to give them a sense of security and belonging. This foundation is fundamental for children to develop emotional resilience, a strong identity, and a sense of who they can be.

Family separation often involves complex issues around child safety and parenting capacity. These factors are considered in the development of individualised therapeutic interventions and support for each case.

Safety is critical for all family members, so they can comfortably and fully engage with the service. At your intake please talk to John or Tania about your particular safety concerns.

**ReConnect** Children's Contact Service aims to provide therapeutic interventions in a **safe and supportive** space, to build & restore relationships, family attachments, and parenting capacity.

Each supervised session will involve art therapy activities designed to support children and parents. Sessions will also assist a parent, or extended family member, to learn with their

children about how effective parenting builds attachment and relationships that can endure for a lifetime—parenting program built into each session.

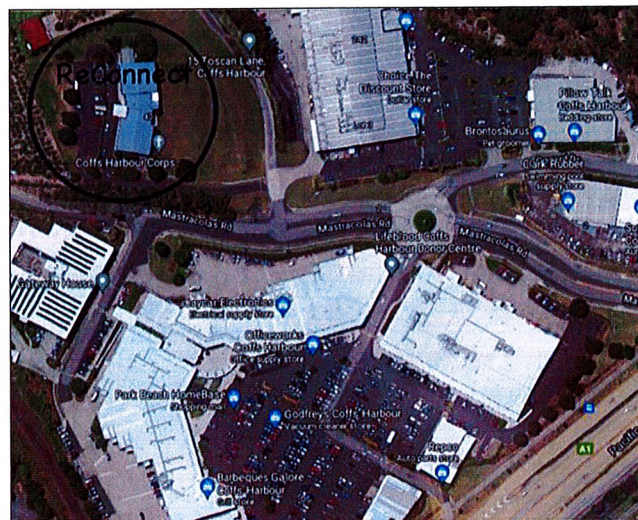
Children refusing contact can enrol in a series of individualised art therapy sessions with Tania. This allows for complex assessment and development of activities that help the child feel safe & supported enough to ReConnect with their parent.

Separated families engaging with **ReConnect** should understand they are entering into a therapeutic space. As such, parents will be required to support their children and agree to allow them to participate in a confidential way, free from any pressure or restraints.

## Location

Lower-level, Salvation Army Centre  
(behind Home Base)

40 Mastracolas Road, Coffs Harbour NSW 2450



## Services Provided

### Supervised visits with individualised art therapy:

- ⇒ Help for parents to reconnect and rebuild strong, positive, lasting relationships with their children.
- ⇒ Reconnection cases needing swift turn around between court circuits.
- ⇒ Therapeutic support and planning around—
  - Cases where children are reluctant to spend time with a parent or extended family member.
  - Managing a range of children's behaviour.
  - How to best help your children to have a voice that is related to their age and developmental stage.
  - How to understand your children's emotional world and support them to become resilient young people.

### Counselling & Mediation Support:

Child focused counselling and support around—

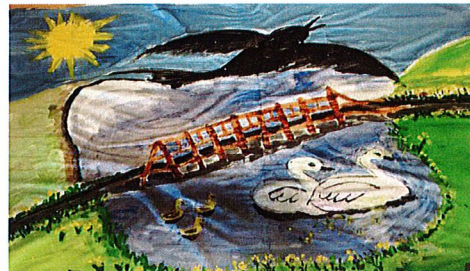
- ⇒ Managing difficult or complex issues related to the children's arrangements.
- ⇒ How to set up successful communication methods.
- ⇒ How to approach difficult issues with the other parent.
- ⇒ Resolving conflict.



## How are Arts Therapist qualified?

In order to practice and use the recognised title AThr, the following requirements must be achieved:

- Complete a minimum two years masters degree from an approved course
- Complete a minimum of 750 hours of supervised clinical placement
- Professional membership with ANZACATA.
- Ongoing professional development.



Practicing in Coffs Harbour and Grafton  
Registered AThr.  
BSocWel.

Phone: 0408975166  
E-mail: [taniawfjones@hotmail.com](mailto:taniawfjones@hotmail.com)  
Website: [taniamiller.com.au](http://taniamiller.com.au)

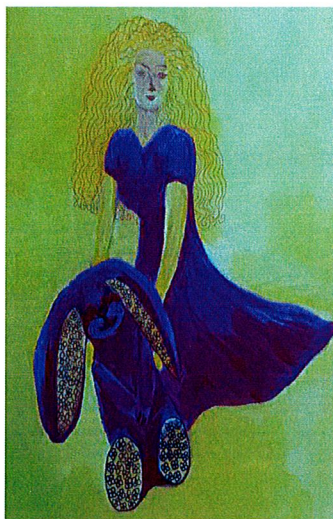
## Art Therapy



Tania Miller  
Master in Mental Health in the  
field of Art Therapy ,AThr.

Tel: 0408975166





## What is Art Therapy

Art therapy is an allied health profession. It is delivered by a professionally trained art therapist who works with clients using a variety of art mediums within their therapy session. The therapist supports participants to work toward individual goals in creative ways to enhance physical and emotional wellbeing.

### How does Art Therapy work?

The participant and the therapist work together within clearly defined boundaries and goals in a safe, confidential and nurturing environment. Participants do not need to have any prior experience making art as the emphasis is on the creative process and the development of psychological insight rather than the end product.

### Who would benefit from Art Therapy?

Art therapy is client-centered, inclusive and outcome orientated. Proven to be useful for individuals, groups and communities. Suitable for people of all ages and backgrounds.

### What is the NDIS?

The NDIS ( National Disability Insurance Scheme) is an initiative that provides funding for people with physical and psychosocial disabilities to access supports to maintain and improve quality of life. Participants who have their funds managed by the NDIA may only use NDIS-registered Art Therapist.

### About Tania

Art-making unlocks the secrets to my soul , deciphering who I truly am. Art is a way to connect to self, as thoughts and feelings transpire onto the page to unravel an unconscious state into the present reality. Tania has acquired ;



- Cert IV in Alcohol and other Drugs
  - Diploma of Visual Arts
  - Bachelor of Social Welfare
  - Masters of Mental Health
- and industry experience working with ;
- Youth with complex needs
  - Community reconciliation
  - Recovery from addiction
  - Facilitating parenting groups

**Tania is super excited to be delivering Art Therapy in the Coffs Clarence region. Art is an alternative method of practice that suits all ages, for Art breaks down language barriers to communication. Come with Tania on a journey of self-discovery.**